



Healthy
Worcestershire



Your happy, healthy life starts here

Mondays 2-4pm

The Hub, Blackwell Community Hall, B60 1BL

This Community Hub which started on 24th June 2025, runs every Monday (except Bank Holidays).

Sessions are FREE to join.

Topics covered are:

Improving strength and balance

Supporting mental well being

Social activities

Topics of Interest

YOU NEED NOT BOOK PLEASE COME AND JOIN US.

On-road car parking is available on either St Catherine's Road or Station Road.

In partnership with Dr. Bakul Kumar

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